



NAMI Louisville COVID-19 Statement
March 17th, 2020

In response to the developments in regards to COVID-19, NAMI Louisville is taking preventative measures during this time to adhere to CDC recommendations and to be mindful of individuals that may be compromised during this time. We are currently assessing the status of upcoming events, in which we will be providing additional information as decisions are confirmed.

Support Groups

As a majority of our support groups are intimate settings, we are continuing our Family Support Groups at this time. However, our Connections support groups will be hosted via phone conferences. If you would like to join our Connections groups virtually, please reach out to Jennifer Jarrett at (502)-648-1564 or jennkwando@gmail.com.

Office Hours

This time is marked by uncertainty and it directly affects the mental health of our community. Our team has begun the transition of working from home until further notice, but will continue to maintain mobile communication effectively. We will be responding to all voicemail messages to our office in a timely manner and can be reached at namilou@namilouisville.org during our regular hours.

Stigma Free Workplace Initiative

During this uncertain time, mental health conditions may be exacerbated by fears related to overall health and finances. NAMI Louisville is here to support your workforce through these challenges. Please contact Stigma Free Workplace Initiative Project Manager, Donna Pollard (donna.pollard@namilouisville.org) for more information.

Self-Care during Self Distancing

We are all taking steps to practice self-care while we partake in the community effort of social distancing. Follow NAMI Louisville on Facebook and Instagram as we share information, strategies, and resources for strengthening mental health resilience at home.

Thank you for your patience and understanding. We believe in the strength of our community and courage in the face of adversity.

Sincerely,

NAMI Louisville

Nancy Brooks, Executive Director

Cory Whitworth, Communications Coordinator

Donna Pollard, Stigma Free Workplace Initiative Project Manager